

**MARY WELTY-DAPKUS**  
**Fresh Intuition**

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**Disclosure Statement and Informed Consent**

Thank you for your interest in working with me as a client for Mary Welty-Dapkus, MIM and Fresh Intuition, either in person or by telephone, whichever is applicable. In my coaching practice, I specialize in integrating traditional life coaching principles and energy techniques to assist you in visioning your dreams and achieving your goals. Our work together will include a shared understanding of what you hope to accomplish and agreements for supporting those outcomes. Although I will share my skills and abilities to support your growth, intuitive awareness, and tools for your personal and/or professional development, my work with you is only a resource. As an intentional and conscious participant in your growth, you will ultimately take all responsibility for and actions related to furthering the evolution of your life journey.

As part of my practice, I offer energy based modalities and intuitive skills (“Energy Techniques”). Energy Techniques is a collective term used to refer to a variety of alternative and complementary treatments based on the use, modification, and manipulation of energy fields. The prevailing premise of Energy Techniques is that the flow and balance of the body’s electromagnetic and more subtle energies are important for physical, spiritual, and emotional health, and for fostering well-being. Although the Energy Techniques appear to have promising mental, spiritual, and physical benefits, they have yet to be fully researched by the Western academic, medical, and psychological communities. By signing this document you understand that these Energy Techniques could be considered experimental and we don’t know how you will personally respond to the Energy Techniques and/or whether the Energy Techniques will help you achieve the goals we establish in our work together. If you ever have questions or concerns about the nature of the theories and methods I use, please feel free to ask me for further resources or references.

As a practitioner of Intuitive Energy Coaching, I will provide you with the services described in the attached description of services which is incorporated herein by reference and made part of this Disclosure Statement and Informed Consent. The Energy Techniques I use in my practice are considered alternative or complementary to healing arts that are licensed by the State of California. I am not a psychotherapist, a registered or licensed counselor, a licensed physician nor are my services licensed by the State of California. Under Sections 2053.5 and 2053.6 of California’s Business and Professions Code, I can offer you these services, subject to the requirements and restrictions that are described fully in the attached Client Information Sheet incorporated herein by reference and made part of this Disclosure Statement and Informed Consent.

In using the Energy Techniques as part of our coaching relationship it is possible to experience some emotional distress and physical sensations related to prior life experiences. The clinical reports from Energy Techniques show no additional side-effects when used appropriately. Emotions may continue to arise after a session, and you are encouraged to discuss such emotions with me and, if appropriate, I can help refer you to a licensed mental health professional for further assistance. You agree to take full responsibility for your self-care in the emotional, mental, physical, and spiritual dimensions of your life. Transformational Life Coaching sessions do not provide medical or psychological diagnoses; they do not replace health care professionals. You agree to consult with your health care provider for any specific health care problems.

## **Education and Training**

I am a Certified Martha Beck Life Coach and I earned a Masters in Intuition Energy Medicine (MIM) certificate from the Academy of Intuition Medicine which is approved by the State of California as an accredited postsecondary vocational training institution. I have a BA degree from Santa Clara University in General Humanities with an emphasis in education and psychology. Additionally, I have a Certification from Foothill Theatre Conservatory in Theatre and Education. I am a CEU certified instructor for IDCEC, the professional organization for interior designers and a TA and tutor/mentor for the Academy of Intuition Medicine.

## **Acknowledgment and Consent to Receive Services**

By signing this document, you agree that I have disclosed to you sufficient information to enable you to decide to undergo or forgo the Energy Techniques and other services I offer. You understand that you are freely choosing to take advantage of my Intuitive Energy Coaching and Energy Technique services and would otherwise have the option of using conventional life coaching services exclusively, provided by another coach of your choosing. You understand that your consent to the nature of our coaching sessions is given voluntarily, without coercion, and may be withdrawn at any time in the future. Further you understand that Energy Techniques are a relatively new healing approach and the extent of their effectiveness, as well as their risks and benefits are not fully known and you agree to assume and accept full responsibility for any and all risks associated with using the Energy Techniques. You represent that you're competent and able to understand the nature and consequences of the proposed Intuitive Energy Coaching and Energy Techniques sessions.

You have read and understand the above disclosure about the Intuitive Energy Coaching and Energy Techniques services offered by me and my training and education. You have discussed with me the nature of the services to be provided and you understand that I am not a licensed physician or psychologist and that my services are not licensed by the State of California. You understand it is your responsibility to maintain a relationship for yourself with an appropriate professional health care provider. You have consented to use the services offered by me and agree to be personally responsible for the fees related to the services provided to me. By signing in the space provided below, you knowingly, voluntarily, and intelligently assume these risks and agree to release, indemnify, hold harmless and defend Mary Welty-Dapkus, and her agents, consultants, and employees from and against any and all claims which you, or your representatives, may have for any loss, damage, or injury arising out of or in connection with your sessions.

In order to use my services, California state law requires that you acknowledge receipt of the information provided in this Disclosure Statement and Informed Consent. I will keep an original in my records for at least three (3) years.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## **Professional Consultations**

As part of maintaining ethical responsibility in serving my clients with excellence, I sometimes consult with other professional colleagues about content in my sessions with clients. The purpose of this is to ensure that I have considered the best and most effective tools and practices for serving you. However, I will share information anonymously and ONLY with your consent. If you are willing to allow me the privilege of sharing anonymous information with my trusted professional colleagues who are also skilled and ethical practitioners, please sign your name here: \_\_\_\_\_.

Should you choose not to sign in the space provided above, I will not share any information from our sessions and all information shall remain confidential.

## CLIENT INFORMATION SHEET

In September 2003, California passed ground breaking legislation (California Senate Bill SB-577) which has profound implications for the practice of complementary and alternative forms of health care in California. SB-577 legally enables complementary and alternative health care practitioners to provide and advertise their services to California citizens. However, they must comply with certain requirements specified within the bill which has now become part of California law under sections 2053.5 and 2053.6 of California's Business and Professions Code.

### **Sections 2053.5 and 2053.6 of California's Business and Professions Code provide the following:**

A. Provide access to complementary and alternative health care practitioners. You must be given information about the nature of treatment and the practitioner's qualifications. Please ask your practitioner any question you may have about the treatment options they offer. Ask if your practitioner has been certified by a professional organization and if they belong to any professional organizations. Please tell your physician if you are receiving any alternative treatments. You can also request that your licensed and unlicensed health care providers communicate with each other and work collaboratively to meet your health goals.

B. Requires unlicensed complementary and alternative health care providers to follow certain guidelines and to refrain from certain practices

C. Specifies that unlicensed complementary and alternative health care practitioners are NOT allowed to do:

- Perform any form of surgery or any procedure that punctures your skin or harmfully invades your body.
- Use X-ray radiation
- Prescribe prescription drugs, or recommending that you discontinue drugs that were prescribed by a licensed physician.
- Set fractures
- Treat wounds with electrotherapy
- Put you at risk of great bodily harm, serious physical or mental illness, or death
- Imply in any way that you are a licensed physician.

D. Specifies that complementary and alternative health care practitioners MUST DO the following things:

- Provide you with a statement, written in plain language that includes the following information: (1) that they are not a licensed physician and that their services are not license by the state; (2) a brief and clear description of the kind of services they provide and the reasoning behind it; and (3) a description of their education, training, and experience.
- Ask you to sign and acknowledgement that you received the above written statement, and provide you with a copy of it. They must also keep a copy of your signed acknowledgment for three years.